

Table 71. Overweight children and adolescents 6–17 years of age, according to sex, age, race, and Hispanic origin: United States, selected years 1963–65 through 1988–94

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

Age, sex, race, and Hispanic origin ¹	1963–65 1966–70 ²	1971–74	1976–80 ³	1988–94 ⁴
Percent of population				
6–11 years of age, age adjusted				
Both sexes	5.0	5.5	7.6	13.6
Boys	4.9	6.5	8.1	14.7
White	5.4	6.6	8.1	14.6
Black	1.7	5.6	8.6	15.1
White, non-Hispanic	---	---	7.4	13.1
Black, non-Hispanic	---	---	8.6	14.7
Mexican	---	---	14.5	18.8
Girls	5.2	4.4	7.1	12.6
White	5.1	4.4	6.5	11.7
Black	5.3	4.5	11.5	17.4
White, non-Hispanic	---	---	6.2	11.9
Black, non-Hispanic	---	---	11.6	17.7
Mexican	---	---	10.7	15.8
12–17 years of age, age adjusted				
Both sexes	5.0	6.2	5.6	11.4
Boys	5.0	5.3	5.3	12.4
White	5.2	5.5	5.3	13.1
Black	3.6	4.4	6.0	12.1
White, non-Hispanic	---	---	4.5	11.8
Black, non-Hispanic	---	---	6.1	12.5
Mexican	---	---	7.7	14.8
Girls ⁵	5.0	7.2	6.0	10.5
White	4.8	6.6	5.4	10.0
Black	6.4	10.5	10.2	16.1
White, non-Hispanic	---	---	5.4	9.3
Black, non-Hispanic	---	---	10.5	16.0
Mexican	---	---	9.3	14.1
Boys				
6–8 years	5.1	6.3	8.1	15.4
9–11 years	4.8	6.7	8.1	14.0
12–14 years	5.2	5.4	5.4	11.5
15–17 years	4.8	5.2	5.1	13.1
Girls ⁵				
6–8 years	5.1	4.1	7.1	14.6
9–11 years	5.2	4.7	7.1	10.8
12–14 years	5.0	8.6	7.8	13.9
15–17 years	4.9	6.0	4.5	7.5

--- Data not available.

¹The race groups, white and black, include persons of Hispanic and non-Hispanic origin. Conversely, persons of Hispanic origin may be of any race.

²Data for children 6–11 years of age are for 1963–65; data for adolescents 12–17 years of age are for 1966–70.

³Data for Mexicans are for 1982–84. See [Appendix I](#).

⁴Excludes one non-Hispanic white adolescent boy age 12–14 years with an outlier sample weight.

⁵Excludes pregnant women starting with 1971–74. Pregnancy status not available for 1963–65/1966–70.

NOTES: Overweight is defined as body mass index (BMI) at or above the sex- and age-specific 95th percentile BMI cutoff points calculated at 6-month age intervals for children 6–11 years of age from the 1963–65 National Health Examination Survey (NHES) and for adolescents 12–17 years of age from the 1966–70 NHES. Age is at time of examination at mobile examination center. Some data for 1988–94 have been revised and differ from the previous edition of *Health, United States*.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Health Examination Statistics. Unpublished data.